

TRAUMA INFORMED CARE & SAFETY

Routines and
predictability

A safe
environment

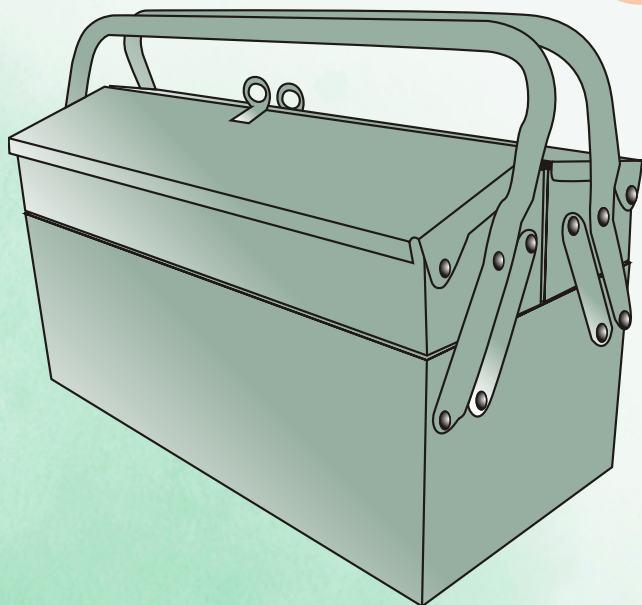
Safe relationships

Monitoring and reviewing
by specialists

Consistency in our
approaches

Access to therapy to work through
the hard stuff

Having goals to set for a sense of
accomplishment and purpose



*"Connectedness is the key...It is
regulating, rewarding and the major
"route" by which we can teach, coach,
parent, heal and learn."*

Bruce D Perry